

## Olmsted Falls High School Volleyball Mini Skill Clinics, Grades 1-6

## August 3, 4, 5 @ Olmsted Falls High School from 11:00am-12:30pm

Cost: \$45 (A \$5 late fee will be added for registration after April 15. Requested t-shirt sizes not guaranteed after April 15).

Child's Name:

Monday, August 3 (Ball Control and Defense) This session will cover ball control and defensive skill training such as: proper body position, movement, footwork, midline passing, platform angles, and court communication.

**Tuesday August 4 (Serving/Serve Receive)** This session will aim to improve the serving technique, consistency, and accuracy of each individual, depending on his/her personal skill level. A float serve and/or jump float may be taught to more advanced players.

Wednesday, August 5 (Hitting) This clinic will cover individual skill training such as: approach, arm swing and snap. We will focus on efficiency of movement, proper timing, and placement of the ball.

\*If you have your own ball, please bring it. If not, one will be provided for you\*.

Register Online @ www.olmstedcc.com or mail or drop off registrations to: Olmsted Community Center 8170 Mapleway Drive, Olmsted Falls, OH 44138. Make checks payable to: OLMSTED COMMUNITY CENTER

Grade (Fall 2020): \_\_\_

Address:	City	Shirt Size: YM, YL, AS, AM, AL AXL	
	Emergency Contacts:		
Name:	Phone:	Relationship:	
Name:	Phone:	Relationship:	
	<u>Waiver</u>		
while traveling to, from, or during c Camp to act according to their best j and all liability for an injury incurred by participation in this tournament. stolen items. OFHS Volleyba (Facebook/Twitter). By completing the	ompetition in the Olmsted Falls Summer Camp. We udgment in an emergency situation requiring medical while participating in the camp. We have no knowle We further consent authorizing emergency medical tell may capture photographs and use them for purpose	ge(s) of these registered player(s) in this capacity. If you	
Parent/Guardian Signatu	re	Date	